

Excerpts from Medical Manual for Teachers
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Pneumonia:

Patient becomes ill suddenly, has cough with pain in side, may bring up rusty phlegm. Keep patient in bed in half sitting position to make breathing easier. Apply warm flannel jacket next to skin of chest (pneumonia jacket). Provide for easy bowel movements (soap suds enema best). Give sedative for sleeplessness --1/2 to 1 teaspoon of Elixir sodium bromide or 1 to 2 - 5-grain tablets of Potassium bromide (or any other 5 grain bromide tablet). Notify doctor. For treatment with Sulfa-drug, see paragraph at end of paragraph.

Lung Hemorrhage:

Calm patient. Few patients die of hemorrhage. Check individual's activity entirely during hemorrhage. Keep patient in bed in half-sitting position. Apply cold (ice bag, etc...) to chest on side from which bleeding comes. (Patient must not talk or whisper. Is not to eat solid food, but only cool nourishing liquids for 4 or 5 days. To stay in bed six weeks. Notify nearest physician.

Toothache:

With cavity: Clean out cavity with toothpick, insert cotton paged moistened in oil of cloves.

Boils:

Do not squeeze. Paint with disinfectant. Apply Ienthyol ointment on dressing. Apply dry heat. When boil "points" (yellow spot appears on skin showing where pus is) dip pointed toothpick in Tincture of Iodine, then puncture yellow spot. After pus comes use hot wet Epsom Salt dressing (Tablespoonful to cup of hot water).

Freezing:

Warm patient as quickly as possible. Warm frozen part as slowly as possible. Danger in rubbing with snow. Particles of ice may scratch skin and cause infection. Danger of freezing your own hand. Best to use cold water (50 degrees) and washcloth. Rub gently towards body to remove pieces of ice forming on frozen part.

Eye Condition:

1. With squinting: Apply Atropine Sulfate Eye Ointment. Follow with 1 per cent Yellow Oxide of Mercury eye ointment.
2. With swelling and soreness of lids, especially at margin (where eyelashes grow): Wash your hands. Tell patient to shut eye, gently rub Ammoniated Mercury Ointment on lid margin (edges of lids); no harm done if some ointment gets into eye.

Convulsions in Children:

Give soap suds enema. Keep child warm and quiet. Apply ice bag to head. Give Phenobarbital 1/2 gr. 3 times a day for 2 days. See that child is getting cod liver oil. Repeat enema after a few hours if first stool is constipated.

Sulfa Drugs:

There are various sulfa drugs. One of the safest is sulfadiazine. However, there is still some danger connected with its use. Try to give it only under guidance of physician. In case of emergency you may use it in treatment of pneumonia and gonorrhea.

Lists of Medicine and Supplies and Suggested Amounts to be Kept on Hand:

1. Sodium Bromide -- 1000 tabs
2. Brown Mixture - 4 qts.
3. White Pine Syrup - 2 qts.
4. Cod Liver Oil - 50 gallons
5. Blaud's Pills - 1,000
6. Hinckle's Pills - 300
7. Epsom Salt (Same as Magnesium Sulphate) - 50 pounds
8. Iodoform Powder - 4 1 oz. bottles - dust on draining tuberculous sinuses. Also good for boils and foul smelling wounds.
9. Ammoniated Mercury - 10% - 5 pounds
10. Ichthyol 10%, 2 pounds
11. Boric Acid 10% 5 pounds
12. Sulphur Ointment - 2 pounds